



Up, Down

Traditional

arr. Deborah K Oakes

Barred Instrument

Up, down, all through the town.

(Arms move up, down diagonally across body 2x)

BI

(Improvise all over the instrument) (End on low C)

Run - ning through the streets in my gran - ny's night - gown!

(Tiptoe run in place on rhythm of words, holding sneaky hands in front)

BI

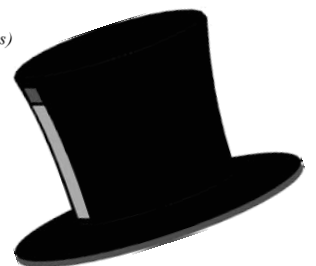
Scar - ing all the dogs, "Boo!" Scar - ing all the cats, "Boo!"

(Stand still) (Jump BOO in front of L hip) (Stand still) (Jump BOO in front of right shoulder)

BI

Scar - ing all the mice in the old man's hat!

(Mice scurrying) (Stand still) (Both hands pat thighs 3x to match last three words)



Chase Game: Mark 1 spot per student on floor using rubber gym spots, bits of tape or perhaps, laminated shapes. A laminated black hat would match the verse. Game begins with *mice* (the students) on spots, performing verse with motions. After last pat on thighs, mice must scurry to a different spot without being captured by the *mouse catcher* (teacher or designated student). After several plays, the teacher may remove several spots when the children begin changing spots, so that there are not enough spots for everyone. Captured *mice* are out and may go to a designated *cage* or, better yet, to an instrument to begin accompaniment.